

SUPPORT GROUP

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Our last meeting - Sunday 28th July 2013

Knowing that most people would have plans but wanting to keep our group alive over the summer, I didn't ask Sue to book a room but instead held the meeting at my flat. As I suspected not many people could make it but Catherine (CA) and her husband Paul, Kieran (FA) and his mum Sue, my aunty Monica and myself (FA) came along. I was really pleased to Kieran and Sue - Kieran is 22 and is keen to try independent living - they were so encouraged to see what I have after moving into my flat 3 years ago, aged 26, where I live independently and very, very happily.

To find out more about my flat, how I got it and live independently in it, go to <http://ohbother.co.uk/independentliving.html>.

Unfortunately Sue and Kieran couldn't stop, but for the rest of us this very successful meeting ended with a fish and chip supper.

OUR NEXT MEETING
Sunday 8th September 2013
at 2 - 4pm

Exhall Old School Community
Centre, Exhall Green, Exhall
CV7 9GL

Please put this date in your diaries now - it would be great to see you there! The community Centre is off School Lane in Bedworth. Buses 20 and 48 go here - get off at the Baylon Road stop.



Pictured above: Kieran using my Motomed exercise bike at my flat (<http://www.medimotion.co.uk>)

Pub lunch - 22nd June 2013



The group met at the Mount Pleasant in Walsgrave in Coventry. We have enjoyed cheap pub grub here many times before and the pub knows our table preference and so always reserves a table for us away from the gangway/background noise

Unfortunately I couldn't make it as I wasn't very well, so I can't write much of a report. However I was told it went very well!

We've had no outgoings since our meeting in April so we now have a very healthy £104 in the pot.

I'm asking everyone who comes to meetings in future for £1 towards the cost of

I'd welcome any suggestions of anything specific you'd like to see in future newsletters and meetings - please get in touch! I hope to see as many of you as possible at our next meeting.

Who I am and how to contact me: I am Katie Henderson (you can find out more about me at <http://ohbother.co.uk> and I am the named contact for the group. You can contact me by e-mailing katie@ohbother.co.uk or phoning 07565 247 183. I am also on Facebook.

More about the group: The group is on Facebook - search for "Ataxia UK Coventry". For news on group events and to download previous newsletters etc visit <http://ataxiacoventry.co.uk/>.

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