

# ATAXIA UK COVENTRY AND WARWICKSHIRE SUPPORT GROUP

NEWSLETTER | JANUARY 2014 | ISSUE 13



I was recently awarded a Cornberg Equipment and Adaptations Grant from Ataxia UK (see below). I used this to buy electronic blinds. I couldn't open conventional curtains myself - having the remote to open, close and tilt the blinds throughout the day means that it's a big part of my environment I'm in control of.

I'd like to make you aware of the following grants offered by Ataxia UK:

The Cornberg Fund helps people affected by ataxia with the cost of home equipment and adaptations they need as a direct result of their ataxia, which they cannot afford to buy themselves and for which they cannot get statutory help. Contact [helpline@ataxia.org.uk](mailto:helpline@ataxia.org.uk) or 0845 644 0606. The next closing dates for applications are 28 February 2014 and 31 May 2014.

In the Jerry Farr Travel Fellowship you could be awarded up to £6,000 for both someone who has ataxia and a carer towards travel and adventure around the world. The deadline is 29 April 2014, and applications will be accepted from February. See the spring edition of the Ataxian for full details.

## Our last meeting - Sunday 8th December 2013



The following members came along: Lorraine (CA) and her daughter Emily; Neil (FA) and his PA Chantal; Kate and myself (FA).

Before the meeting Kate and I had been emailing each other and she told me about an upcoming appointment with a new doctor. I took a copy of one of Ataxia UK's very good publications "Management of the Ataxias: towards best Clinical Practice" for Kate to show

her doctor and more copies for everyone else. Everyone was really pleased with them!

Management of the Ataxias: towards best Clinical Practice can be downloaded from [http://www.ataxia.org.uk/data/files/ataxia\\_guidelines\\_web.pdf](http://www.ataxia.org.uk/data/files/ataxia_guidelines_web.pdf). I also enclose/attach a sheet to fill in and send off to get this and other Ataxia UK publications. Other publications can also be downloaded from <http://www.ataxia.org.uk/pages/information-publications.html>.

**OUR NEXT MEETING**  
Sunday 2nd March 2014 at  
2 - 4pm

**Exhall Old School Community  
Centre, Exhall Green, Exhall  
CV7 9GL**

## Pub lunch - Saturday 11th January 2014

13 people came to our pub lunch at Mount Pleasant - Hungry Horse in Walsgrave. Everyone had a great time!



We spent £28 on room hire for our next and last meeting which leaves £62 in the pot.

**Please bring £1 to meetings  
for refreshments.**

Who I am and how to contact me: I am Katie Henderson (you can find out more about me at <http://ohbother.co.uk>) and I am the named contact for the group. You can contact me by e-mailing [katie@ohbother.co.uk](mailto:katie@ohbother.co.uk) or phoning 07565 247 183. I am also on Facebook.

More about the group: The group is on Facebook - search for "Ataxia UK Coventry". For news on group events and to download previous newsletters etc visit <http://ataxiacoventry.co.uk/>.

The statements and opinions expressed in these newsletters may not represent those of Ataxia UK